

Hazelwood Schools



PSHE

Curriculum Overview

PSHE at Hazelwood

Intent

At Hazelwood Schools, we believe in developing well rounded children who are equipped with the knowledge, understanding and confidence to enable them to play an active role in society.

We recognise the importance of Personal, Social, Health and Economic (PSHE) education and the role it plays in ensuring our children are healthy, independent, and responsible individuals who are prepared for life beyond our school

Our aim is to develop children fully as:

- Individuals as they focus on their own personal development, believing in themselves, building resilience, developing habits to lead a healthy life.
- Members of families and social communities; understanding how to relate to others and adopt teamwork skills
- Members of economic communities; developing their awareness of the part that they play and how to live responsibly.



Our Vision and Values

At Hazelwood, we believe in nurturing responsible citizens to achieve educational excellence by inspiring awe and wonder through a real, relevant, immersive and purposeful curriculum.

 Respect	 Kindness	 Resilience	 Responsibility	 Courage	 Appreciation & Understanding
 Ambition	 Creativity	 Teamwork	 Trust	 Honesty	 Fairness

Our shared values are at the heart of all we do.

Believe and Achieve



Implementation

Our curriculum builds upon the children's first stages of learning and development in Early Years through progressive and sequenced topics that develop the knowledge, skills and attributes children need to manage their lives, now and in the future. Our planning is guided by a Primary Scheme of Work called SCARF – Safety, Caring, Achievement, Resilience, Friendship (Coram Life Education). Developed by teachers and centred on a values-based and 'Growth Mindset' approach, SCARF's lesson plans and resources, tailored by our teachers to meet the individual needs of our children at Hazelwood, help to promote positive behaviour, mental health, wellbeing, resilience and achievement.

Lessons are to be taught at least weekly as well as when teachers may feel it necessary to teach as a result of an issue that has arisen in their own class or within local / national news.

SCARF lesson plans are organised around the PSHE Association's Programmes of Study Learning Opportunities, which includes three core themes of:

- Health and Wellbeing.
- Relationships.
- Living in the Wider World.

The core themes have been broken down into six main areas that are revisited each year to ensure children's knowledge and understanding is secure. These areas are:

- Me and My Relationships
- Valuing Difference
- Keeping Safe
- Rights and Respect
- Being my Best
- Growing and Changing



High quality PSHE is not only taught as a specific subject but embedded in our ethos and Hazelwood curriculum to ensure children are given wide perspectives to the diverse society that we live in today.

RSHE: Our PSHE curriculum demonstrates appropriate subject knowledge, skills and understanding to fulfil the statutory duties of the Relationship Education (RE), Relationship and Sex Education (RSE) and Health Education (HE) curriculums



Hazelwood's Approach to Teaching and Learning

at Hazelwood you will see a range of real, relevant, immersive and purposeful learning opportunities within a nurturing, enabling environment, including the following approaches to teaching and learning:

- Children **exploring and answering big questions** which allow them to think deeply about their learning
- Children **hearing and using key vocabulary** in a range of contexts
- Children **speaking in full sentences** using the key vocabulary taught
- **Cold calling** - supporting all children in engaging in their learning and believing they can achieve
- **Adaptive teaching** - responding to the needs of all children
- **Retrieval practice** – allowing children to know more, remember more and do more
- **Positive relationships and quality interactions** that nurture our responsible citizens
- **Spaced and sequential learning** over time to help children learn more quickly and remember learning better.

In a typical PSHE lesson, you will see:

- Children **gaining substantive knowledge and learning new vocabulary** building on prior learning and making connections to other concepts
- Children **thinking about comprehensive questions** in which they solve problems concerning real life situations
- Children **finding out about the world** through different types of scenarios, photographs and discussion
- Children **communicating using subject specific vocabulary**, through role play, question and answering and reflection
- Children **engaging with age-appropriate, evidence-based resources** to support understanding of the world around them

Real, Relevant Immersive learning opportunities in PSHE are really important in ensuring our children are engaging with the world around them, managing risks, navigating real life situations and gaining understanding for real purposes. Our children have the **opportunity to collect, reflect on and communicate** with a range of information gathered through experiences, discussion and scenarios that develop their PSHE skills and deepen their understanding of the world around them. To further enhance our PSHE curriculum, we provide all children with access to **SCARF resources, workshops and assemblies etc** enabling them to develop resilience and a questioning mindset about themselves and the world around them. We also have links with external agencies where children can broaden their knowledge of the local community and to further enrich our children's experiences in our local area.



Impact

How do we assess?

We assess our children using a range of methods.

- Routine, embedded, informal formative assessment is built into every lesson to assess children's new knowledge and vocabulary progression.
- Questioning and discussion forms a large part of our assessment. We use a variety of questions to constantly check children's knowledge is secure and that children are learning to think and engage with their new knowledge.
- Using teacher knowledge of children's comprehension of themselves and the wider world around them.
- Use of Learning Objectives to determine children's understanding through questioning and discussion.
- Summative assessment is recorded termly on Scholar Pack, identifying those working at ARE, as well as those below and above ARE.

How do we know that children are at age-related expectation?

- Children are using the taught key vocabulary and substantive knowledge to answer big questions in discussions
- Children use relevant scenarios, where appropriate, to further substantiate their answers to questions.
- Children are able to talk confidently about what they have learnt and understood.
- Children achieve the SCARF end of unit outcomes.

How do our children feel about PSHE?

- 'I love our values because they help everybody understand what you should be doing. 'Showing kindness is my most favourite value'
- 'It's very interesting and fun. You get your turn to speak.'
- 'We discuss things that help us.'
- 'When I learn these things [PSHE lesson about friendship] it helps me to be calm.'
- 'We learn things that help us be better in the future.'

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Values Cycle 1	Respect	Kindness	Resilience	Ambition	Creativity	Teamwork
Values Cycle 2	Responsibility	Courage	Appreciation and Understanding	Trust	Honesty	Fairness
EYFS	Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others . Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary . Through adult modelling and guidance , they will learn how to look after their bodies , including healthy eating , and manage personal needs independently . Through supported interaction with other children , they learn how to make good friendships, co-operate and resolve conflicts peaceably . These attributes will provide a secure platform from which children can achieve at school and in later life.					
Nursery	Me & my Relationships - Marvellous Me: - I am Special - People who are special to me - Families	Keeping Safe - People who me and keep me safe - Safety Indoors and Outdoors - What's safe to go into my body	Rights and Respect - Looking after myself - Looking after others - Looking after my environment	Valuing Difference - Me and My friends - Friends & Family - Including Everyone	Being My best - What does my body need? - I can keep trying - I can do it!	Growing & Changing - Growing & Changing in Nature - When I was a baby - Girls, Boys and Families
Cultural Capital	Artist: Giuseppe Arcimboldo Linked values: Caring, Kindness, friendship	Story: I Don't Want to Wash My Hands by Tony Ross Linked values: Responsibility, Safety	Linked values: Responsibility, respect, teamwork, rule of law	Story: Elmer' by David McKee. Linked values: Caring, Kindness, friendship, Respect, Appreciation and Understanding, fairness	Story: Giraffes can't Dance Linked values: Ambition, Resilience, courage	Story: The Very Hungry Caterpillar by Eric Carle Linked values: Caring, responsibility
Big questions	How do you feel when you...? How are we special? How does it feel to be special? Is everyone special? Who can make us feel special? What is a family? How are your friends special?	How can I behave safely at nursery? How do clothes keep us safe outside? Who looks after the medicine (at school/home)? What might happen if someone has the medicine when they're not poorly?	What food is healthy? When do we wash our hands? Why do we wash our hands? Who do we/you look after? How can we care for our classroom? Why is it important to care for our classroom/ learning environment?	Do we all look the same on the outside? Are we all the same on the inside? When we are kind to each other, how does that make us feel? Is it kind to leave others out because they are different?	How does your body feel? How does your energy feel? What happens to our bodies when we sleep? Do we sometimes feel like that if something is hard? What would you like to get better at? What can we say instead of I can't?	What has changed in the environment? How have you changed? What is the same? What is different? What can you do now that you couldn't before? Are boys and girls different? Are all families the same?
Vocabulary	like, special, feel, choose, look, head, friends, arms, legs, eyes, ears, nose, mouth, teeth, hands, fingers, feet, toes, knees, elbows, pants, vest, private,	safe, safety signs, careful, grown up, weather, labels, tell, clothing, medicines tummy feelings, playground, cleaning products, unsafe, carpark, water, pavement, food, paint, fresh air, scissors, sleep, glue	healthy snacks, similar, classroom, sugar, different, care, germs, helping, tidy, wash hands, family, clean, fruit, friends, look after, vegetables, feelings	similar, family, kind, special, sharing, friendship, similar, helping, friend, different, feelings	food, challenge, practice, water, encourage, encourage, exercise, keep trying, sleep, get better at, challenge, energy	trees, baby, boy, grass, child, girl, plants, teeth, family, sky, hair, female, animal, crawl, male, grow, walk, private parts, change, toddler, same, season, different, sunny, cold, wet, rain, weather, caterpillar, egg, tadpoles, butterfly

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Me and My Relationships - All about me - What makes me special - Me and my special people - Who can help me? - My feelings - My feelings (2) 2BeSafe – Health, Wellbeing and Lifestyle (Safety Rules)	Valuing Difference - Same and different - I am caring - I am a friend - Anti-Racism – Diversity 2BeSafe – Privacy and Security (Personal Information and trusted People) 2BeSafe – Self Image and Identify (Saying no)	Keeping Safe - What's Safe to go onto my body? - Keeping Myself – What's Safe to go into my body? - Safe indoors and outdoors - Listening to my feelings - Keeping safe online - People who help to keep me safe (link to Online safety)	Being my Best - Bouncing back when things go wrong - Yes, I can - Healthy eating - Healthy mind - Move your body	Rights and Respect - A good night's sleep (from being my best) - Anti-Racism – What is Racism? - Looking after special people - Looking after my friends - Caring for the world - Looking after money 1 - Looking after money 2	Growing and Changing - Seasons - Life stages - plants, animals, humans - Life Stages: Human life stage - who will I be? - Where do babies come from? - Getting bigger - Me and my body - girls and boys
Cultural Capital	Book: Dogger by Shirley Hughes My Monster and Me By Nadiya Hussain Linked values: Responsibility, kindness, Appreciation and Understanding, friendship, courage	Book: The Great Big Book of Families by Mary Hoffman, All Kinds of People by Emma Damon, Mixed: a colourful story by Arree Chung Linked values: Responsibility, kindness, Appreciation and Understanding, respect, caring, resilience	Linked values: Responsibility, safety, respect, trust, honesty	Book: Rosie Revere, Engineer by Andrea Beaty Linked values: Resilience, ambition, responsibility, courage	Book: Have You Filled a Bucket Today? A guide to daily happiness for kids by Carol McCloud Linked values: Responsibility, kindness, respect	Book: Once There Were Giants by Martin Waddell You'll Soon Grow into Them, Titch by Pat Hutchins There's a House Inside my Mummy by Andreae Giles Linked Values: Caring, Resilience, kindness, Appreciation and Understanding, friendship
Big questions	What make us the same? What make us different? Do we all have the same things as our favourite thing? Does everyone have the same special people? Who can help you? How can I change my feelings? How can I help myself if I am feeling sad? How are they feeling? What are good rules to have?	What are you proud of? What's good about not all being the same? What is race? How are we diverse? How are people the same and different? How are families different to each other? Are homes all the same? How do kind words help? What is personal information? Do you know some of your own personal information?	What goes onto my body? What do you do if you find a packet or bottle and you are not sure what is inside it? Why might it be unsafe? Who could we ask before we drink or eat things? Who helps to keep us safe? How can we help ourselves to keep safe? What things could be unsafe in the classroom, outside at home? How might our body tell us that something isn't safe? What can we do if we don't feel safe? Who can help?	When have you come up against an obstacle? Why do we eat food? When do we get to choose what we eat? Why do we need to eat different kinds of foods? What might it mean to have a healthy mind? What could we do to help our minds be healthy? Why is it important for us to wash our hands before we touch and eat our food? Why do we all need a good night's sleep?	How can you look after your family members' feelings? When might someone need help from a friend? Should others help people? Why? What might happen if we didn't take care of our home/garden/classroom? How do you care for our world? Can we make our world a better place? Why is water so precious? What have you heard about money? Where do we have money? How do people/our parents/carers/grown-ups get money? What do we do with money? Why do we need money?	What are seasons? What is a cycle? Does everyone live the same life? How are we different now than when we were a baby? What has helped us to grow?? Why are girls' bodies and boys' bodies different?
Vocabulary	special, family, family, feelings, feelings, practice, favourite, help, friends, happy, happy effort, same, special people, help, sad, same, different, same, emojis, kind, different, helpful, rules	special, same, kind, new friend, likes, different, kindness, friendship, dislikes, family, home, kindness, favourite, unkind, diversity, respect, belong, community, culture, family, race, racism, inclusion, personal information, location, address	keep clean, sleep, safe, keep safe, water, unsafe, unsafe, worried, worried, food, detective, tummy feelings, tell, fresh air, uncomfortable, adult, cuddle, trust, medicine, address, chemist, doctor, grown up	family, friends, working together, environment, money, look after, responsibility, litter, shop, save, help each other, helpful, electricity, buy, safe place, be alone, caring, pollution, cost, recycling, pay	bounce back, try, food, exercise, routine, encourage, try again, energy, exercise, heart, calm, grow, sleep, muscles, sleep, healthy, wash, fruit, healthy, vegetable, energy, dairy race, racism, inclusion,	seasons, growing, family, private parts, spring, life cycles, child, baby, child, penis, summer, teenager, love, vulva, autumn, adult, care, winter, old age, grow, cycle

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Me and My Relationships - Why have classroom rules? - How are you listening? - Thinking about feelings - Our feelings - Feelings and Bodies - All About Diversity: What is Diversity? 2BeSafe Being Safe in a Digital World – Health, Wellbeing & Lifestyle (Safety Rules)	Valuing Difference - Same or Different - Anti-Bullying - Unkindness, teasing or bullying - It's not fair - Who are our special people? - Special People balloons	Being My Best - I can eat a rainbow - Eat Well - Harold's Wash Up - Catch it, Bin it, Kill it - Anti-Racism – My Skin Your Skin Let's Talk about Race, Racism and Empowerment	Rights and Respect - Harold has a bad day - Harold's Money - Basic First Aid - What could Harold do? (from Keeping safe)	Keeping Safe - Super Sleep - Sharing pictures (link to Online safety) - Harold Loses Geoff 2BeSafe Being Safe in a Digital World – Privacy and Security (Passwords, Personal information, Sharing Information) - All About Diversity: What can girls and boys do?	Growing and Changing - Healthy me - Then and now - Taking care of a baby - Who can help? (2) - Surprises and secrets - Keeping privates private
Cultural Capital	Linked values: Rule of law, Cooperation, Safety Teamwork, compassion Book: The Great Big Book of Families by Mary Hoffman, All About Diversity by Felicity Brooks	Book: All Are Welcome by Alexandra Penfold and Suzanne Kaufman Linked values: Appreciation and Understanding, respect, kindness, individual liberty	Linked values: resilience, respect, friendship, ambition, teamwork Book: My Skin Your Skin: Let's Talk about Race, Racism and Empowerment	Linked values: responsibility, respect, caring Book: The Pigeon wants a puppy' by Mo Willems, I completely know about guinea pigs by Lauren Child.	Linked values: responsibility, respect, honesty Song: NSPCC - Pantasurus Book: All About Diversity by Felicity Brooks	Linked values: responsibility, kindness
Big questions	Feelings Do we have the same feelings? Why do we have different feelings? How do we show our feelings? What can we do when we have 'not so good' feelings? What are safe and healthy ways to get angry energy out? How can we help our feelings come out? Getting Help When do you need to ask for help? Who can help you if you need help? Classroom Rules Who are classroom rules for? Why do we need classroom rules? What would school be like if we didn't have classroom rules? Are classroom rules for the children or the teachers? What can help children to keep the classroom rules?	Recognising, Valuing and Celebrating Difference How are people different? How are people similar? What is good about people being different? Developing Appreciation and Understanding What is fair? What is unfair? Do things sometimes seem unfair, even though they are not? Why do some people see something as unfair and other people see it as fair?	Growth Mindset What can you do if you find something difficult? Do you need just one idea to help, if you find something difficult? How have your ideas helped you? Keeping Healthy Which foods are healthy and why? Why do we need to eat different foods? What jobs do different foods have in the body?	Things that need to be looked after What needs to be looked after? What do you look after? Is there anything else you can look after? Why does the environment need to be looked after? Do we need to look after money? Why? How can you look after yourself? How do you feel when you have looked after someone or something? How Our Feelings Can Keep Us Safe How many different feelings can people have? Do different feelings make your body feel different? What can you do if you have 'not so good' feelings? How can you help if someone else has 'not so good' feelings	Keeping Healthy What do people need to keep healthy? How do you keep yourself healthy? Why do we need different things to be healthy? Medicine Safety How do medicines help? Are medicines always helpful? Where do medicines need to be kept? Why? Anti-Discrimination Do toys, colours or jobs belong to girls or boys? How do stereotypes affect people? Why should everyone have the same opportunities? How can we challenge unfair ideas?	Getting Help What is a trusted adult? Which adults at home can you ask for help? Which adults at school can you ask for help? Becoming Independent What can you do now, that you couldn't do as a baby? What can you do now, that you couldn't do as a toddler? What can you do now, that you couldn't do last year in Reception? What are you still learning to do? Body Parts Which body parts are on the outside? How do different body parts work? Are girls' and boys' bodies the same? Which parts are different?

Vocabulary	rules, feelings, feelings, hurt, family, friendship, listening safe, body language, behaviour, help, special people, making up, responsibility, emotions, feelings, work together, safe, heal, support, diversity,	unique, feelings, special people, kind, listening, respect, behaviour, help, cooperate, kindness, being listened to, calm, unkind, listen, aggressive, feelings, problem solve,	starchy, healthy, germs, learning, praise, behaviour, disease, practice, support, consequences, protein, hygiene, make mistakes, feedback, special person, fruit, dairy, spread, confidence, encourage, promise, vegetables, meat, achievement, feelings, vitamins, sugar, portion, salt, cereal diversity, equality, inclusion, identity, heritage, language, religion, stereotype (simple), prejudice (simple), racism	hygiene, environment, needs, money, money, first aid, routine, responsibility, responsible, cost, bank, risk, clean, bills, coin, accident, rules, spending, note, danger, afford, worth, hazard, saving, kettle, safe, burn, scald, accident, emergency	energy, sleep, feelings, medicine, private, food, rest, worried, emotions, safe, trust, water, grow, nervous, loss, harmful, privates, air, tired, scared, lost, responsibility, oxygen, support, exercise, unsafe, sleep, healthy, dairy, fruit, vegetables, sugar, salt, cereal, meat diversity, equality, stereotype (simple), prejudice (simple),	organ, caring, change, unkind, surprise, privates, heart, love, growing, unkindness, secret, private, lungs, attention, tease, uncomfortable, penis, intestines, teasing, vulva, brain, bully, hygiene, stomach, bullying, oxygen, witness, digested, experience, getting help
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	Me and My Relationships - Our ideal classroom - How are you feeling today? - Let's all be happy! - Being a good friend - Types of bullying - Don't do that! Bullying or Teasing? - All About Diversity: What is Diversity? 2BeSafe – Managing Online Information (Keywords, using a webpage, Voice activated searching)	Being My Best - Harold's Postcard - Harold's Bathroom - Anti-Bullying - Basic First Aid 2BeSafe – Managing Online Information (Imaginary or real, untruths online)	Valuing Differences - What makes us who we are? - My special people - How do we make others feel? - When someone is feeling left out - An act of kindness - Anti-Racism – My Skin Your Skin Let's Talk about Race, Racism and Empowerment	Rights and Respect - When I feel like erupting - Feeling safe - Playing games (link to Online safety)	Keeping Safe - Harold's picnic - How safe would you feel? - What should Harold say? - I don't like that! - Fun or not? - Should I tell? (link to Online safety) - All About Diversity: What can girls and boys do?	Growing and Changing - A helping hand - Sam moves away - Haven't you grown! - My body, your body - Respecting privacy
Cultural Capital	Scarf song: Friends are special Linked values: Appreciation and Understanding and Understanding, British values, Caring, Respect, Rules and laws, Safety, Teamwork.	Scarf: Harold's postcard. BBC Primary History website, story of Edward Jenner and the development of vaccines Scarf songs: Different foods, Harold's Body Shake Linked values: Resilience, Responsibility, Caring.	Linked values: Respect, Appreciation and Understanding and Understanding, Caring, Friendship, Trust, Responsibility, British Values.	Scarf stories: Derek's Art Project' Harold saves for something special Book: 'My mouth is a Volcano' by Julia Cook Linked values: British values, Caring, Respect, Rules and laws Teamwork, Friendship, Responsibility.	Linked values: Rules and laws, Safety, Friendship, Trust.	Scarf stories: Sam Moves Away Georgia and Katie (in lesson plan, not separate print out) British Red Cross First Aid Champions resources. (link in Scarf lesson plan) Linked values: Respect, Teamwork, Caring, Cooperation, Resilience, Trust.
Big questions	Bullying and Teasing What is bullying? What is teasing? Does bullying happen a lot? How can you help someone who is being bullied?	Looking After My Body How do we get energy? What parts of the body turn food into energy? What do we need to do to stay healthy?	Being Kind and Helping Others What can you do if you feel left out? How can you help someone who is being left out? Why do people leave others out? Listening Skills	Cooperation and Self-Regulation What can help you to feel calm and settled at home? How does it help? What can help you to feel calm and settled in the classroom? How does it help?	Safe and Unsafe Secrets Are secrets safe? Do all secrets need to be kept secret? Who is a safe person to talk to? Appropriate Touch Are all touches ok? If something feels wrong, what can someone	Life Cycles What helps us to grow? Who helps us to grow? What can you do by yourself now? What are you looking forward to when you are 10 years old? What

	School Rules About Bullying What helps our classroom to be happy & friendly? Do classroom rules help to stop bullying? How? Being a Good Friend Who is a good friend and why? What makes a good friend? How are you a good friend? Could you be a better friend? How can you help others to be a good friend? Feelings and Self-Regulation Do we have the same feelings? Why do we have different feelings? How do we show our feelings? What are safe and healthy activities to get angry energy out? How can we help our feelings come out?	Why do we need to keep doing certain things to stay healthy? Growth Mindset What can you do if you find something difficult? Which goals have you set to help yourself? Does setting a goal help with your learning? How?	What makes someone a good listener? How can you be a good listener? How does being a good listener help you? How does being a good listener help other people? What is a different point of view? Can listening skills help with arguments? How can good listening skills help with arguments? Why is it important to listen to another person's point of view?	Can you help other people to feel calm and settled in class? How? Why is it important to feel calm and settled?	do to stay safe? How can you help someone who has been asked to keep an unsafe secret? Who is a safe person to talk to? Medicine Safety Are medicines always helpful? What can people do to help themselves get better? Why can a medicine be harmful? How can someone stay safe with medicines? Anti-Discrimination Why do people sometimes think girls and boys should do different things? Is it fair to judge someone because they are a girl or a boy? What can we do when we hear someone saying something unfair? Why is respect important for everyone?	are you looking forward to when you are 21 years old? Dealing With Loss How does it feel to lose something? How does it feel to say goodbye to someone or something for a long time? Can we stay in touch with someone? How? Being Supportive What positive things can we say to someone about something they have done? Why is it good to help someone? What is a good way to help someone if they are finding something difficult?
Vocabulary	happy, rules, feelings, bullying, bullying, bullying, friendly, feelings safe, showing feelings, teasing, help, repeated, friendship, help, caring, help, repeated, don't do that, friendly, regular, ethnicity, discrimination, bias (simple), respect, equality, culture, customs	practice, choose, vaccination, teeth, oxygen, brain, encourage, choices, injection, dental, water, heart goal, healthy, disease, hygiene, lungs, achieve, unhealthy, exercise, stomach, challenge, germs, rest, small intestine, large intestine, food, water	family, community, respect, similarities, prejudice, adoption, belonging, cooperation, differences, disability, fostering, listening skills, identity, name calling, gender, same-sex couple, politeness, respect, bullying, race, blended family, courtesy, colour, manners, sexuality, , ethnicity, discrimination, bias (simple), respect, equality, culture, customs	hygiene, environment, needs, money, money, first aid, routine, responsibility, responsible, cost, bank, risk, clean, bills, coin, accident, rules, spending, note, danger, afford, worth, hazard, saving, kettle, safe, burn, scald, accident, emergency	sleep, safe, touch, surprise, genitals medicines, unsafe, feelings, hurt, secret, penis, safety, feelings, uncomfortable, worried, getting help, private, private parts, consent, permission, secret, uncomfortable, discrimination, bias (simple), respect, equality,	help, change, growing, unique, genitals, first aid, support, loss, food, special, penis, risk, supportive, feelings, rest, penis, vulva, emotions, sleep, testicles, private, danger, frightened, care, vulva, privacy, hazard, nervous, learning, nipples, consent, kettle, permission, safe, burn, scald, accident, emergency

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Me and My Relationships - As a rule, - Looking after our special people - How can we solve this problem? - Friends are special - Thunks - Dan's dare 2BeSafe – Managing Online Information (Key Phrases in Search Engines, Internet Shopping)	Rights and Respect - Our helpful volunteers - Can Harold afford it? - Earning money - Harold's environment project - Helping each other to stay safe 2BeSafe – Managing Online Information (Beliefs, Opinions and Facts, Opinions and Truths)	Being My Best - Poorly Harold - For or against? - I am fantastic! - Top talents - Diversity (Premier League Primary Stars)	Valuing Difference - Tackling Gender Stereotypes (Premier League Primary Stars) - Family and friends - My community - Our friends and neighbours	Keeping Safe - Safe or unsafe? - Danger or risk? - The Risk robot - Super Searcher (link to online safety) - Help or harm? - Alcohol and cigarettes: the facts - No Room for Racism – Jamie Johnson (Premier League Primary Stars)	Growing and Changing - Relationship tree - Body space - None of your business! - Secret or surprise? - Basic first aid
Cultural Capital	Scarf stories: Saima and Ben's stories Linked values: British values, Rules and laws, Caring, Safety, Responsibility, Teamwork, Friendship, Trust, Resilience, Respect, Appreciation and Understanding and Understanding,	Linked values: Teamwork, Responsibility, Respect,	Linked values: Safety, Respect, Appreciation and Understanding and Understanding, Ambition, Teamwork, Resilience,	Story: The Ugly Duckling by Hans Christian Anderson Linked values: Friendship, Respect, Appreciation and Understanding and Understanding, Safety, British values, Teamwork, Caring,	Scarf story: Do we take the risk? CEOP film clip Lee and Kim Linked values: Responsibility, Resilience, Trust, Safety,	Poster: NSPCC Underwear Rule Kidshealth website: Menstruation clip British Red Cross First Aid Champions resources. (link in Scarf lesson plan) Linked values: Caring, Respect, Trust, Safety,
Big questions	Cooperation Can people disagree and still be friends? Do people need to accept the views of others? Why? How can arguments and disputes be settled? Friendships What do I do to be a good friend? How can I make up with a friend if we have fallen out? What different ideas can I suggest to friends who have fallen out? How can I help others to sort out their argument?	Skills We Need to Develop As We Grow Up Is a fact the same as an opinion? If not, why not? How we check whether something is a fact or opinion? What is a 'false fact' that might be seen online? Helping and Being Helped How do we keep ourselves safe as we get older? Can we help the people who help us? How?	Keeping Myself Healthy Am I responsible for keeping myself healthy? What can I do myself to keep healthy? How do I feel when I do things to stay healthy? Celebrating and Developing My Skills What skills or talents do I have? How can a talent or skill be developed? Does goal setting help improve skills and talents? How? What would I like to achieve when I am older? How do I achieve my goals? Diversity What does diversity mean? What makes each of us unique? How are we the same and different? Why is it important to include everyone? How can we show	Recognising and Respecting Diversity Are all families the same? If not, how are they different? What is good about having different community groups? Why? What is prejudice? Where does prejudice come from? Can prejudice be challenged? How? Being Respectful and Tolerant Are Appreciation and Understanding and respect the same? Do we need both? Do we have respect and Appreciation and Understanding in our classroom? What does it do?	Managing Risk What makes a situation risky? Can a risky situation be changed? How? Why do some people choose to take risks? Why do some people choose to avoid risky situations? Drugs and Their Risks What are the risks of cigarettes and alcohol? Can medicines be both helpful and harmful? Why? What other things can be helpful and harmful to a person's health? What can make people take risks? Staying Safe Online Why is it important to keep personal details safe when online?	Relationships Can a relationship be positive? How? How can a relationship be negative? What can someone do to make a friendship healthy? Keeping Safe What is someone's 'body space'? When is it ok to go into someone's body space? If someone wants another person to leave their body space, how can they ask them to leave? If someone feels uncomfortable, who can they talk to?

			respect to others? Why is it good that everyone is different?	Have you shown respect and Appreciation and Understanding at any time? How and Why? Has anyone shown you respect and Appreciation and Understanding? How did it make you feel? Tacking Gender Stereotypes What is a gender stereotype? Can boys and girls enjoy the same activities? Why is it important not to judge people by whether they are a boy or a girl? How can we encourage everyone to take part? What makes someone a good teammate? Why should everyone have the same opportunities? How can we challenge stereotypes in a kind way?	Is all information that we see online always true? How do some people try to find out personal information? Can this cause any problems? Anti-Racism What is racism? Why is it important to treat everyone equally? How can our words and actions affect others? What should we do if we see someone being treated unfairly? How can we make everyone feel welcome? Why is kindness important? How can we be an upstander instead of a bystander?	
Vocabulary	safety, care, collaborate, falling out, point of view, persuade, opinions, point of view, loss, making up, feelings, respectful, calm, feelings, compromise, courteous, apologise, challenging, listen, making up	volunteer, helper, fact, environment, income, earning, wellbeing, responsible, opinion, waste, saving, income, safe, spending, healthy	balanced diet, infection, debate, goals, collaboration, goal setting, cleanliness, discussion, ambitions, cooperation, talents muscles, hygiene, continuum, improve, teamwork, skills, rest, courteous, achieve, intelligence, teeth, sleep, respectful, bones, water, justify, medicine, energy, drug, dose, healthy, safety, instructions, diversity, inclusion, respect, equality, belonging, community, differences, similarities, kindness, fairness,	family, community, respect, similarities, prejudice, adoption, belonging, cooperation, differences, disability, fostering, listening skills, identity, name calling, gender, same-sex couple, politeness, respect, bullying, race, blended family, courtesy, colour, manners, sexuality gender, stereotype, equality, respect, inclusion, fairness, opportunity, choice, teamwork , confidence,	trust, danger (dangerous), risk, internet safety, decisions, medicines, safer, drugs, browsing, private, unsafe, feelings, cigarettes, phishing, public, strategies, harmful, nicotine, search engine, profile, helpful, consequence, alcohol, fake news, personal information, instructions, internet safety, racism, respect, equality, fairness, inclusion, kindness, bullying, community, welcome, upstander	relationships, personal space, secret, egg positive, body space, surprise, healthy, invade, feelings, puberty, trust, uncomfortable, caring, stop, angry, respect, upset,

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	Me and My Relationships - Human machines - Ok or not, ok? - An email from Harold! - Different feelings - Under pressure 2BeSafe – Health, Wellbeing and Lifestyle Session (Technology as Distraction, Limiting Screen time) - Diversity (Premier League Primary Stars)	Valuing Difference - What would I do? - That is such a stereotype! - Friend or acquaintance? - Islands 2BeSafe – Copyright and Ownership (Using Internet Content, what can't be Copied)	Rights and Respect - It's your right - In the news! (link to Online safety) - Safety in numbers - No Room for Racism – Jamie Johnson (Premier League Primary Stars)	Being My Best - What makes me ME! - Making choices - My school community	Keeping Safe - Tackling Gender Stereotypes (Premier League Primary Stars) - Danger, risk or hazard? - How dare you! - Keeping ourselves safe - Picture wise - Medicines: check the label	Growing and Changing - Moving house - My changing body (Yr 3 Lesson) - My feelings are all over the place! - Together
Cultural Capital	Video clip of trailer for the film Wonder. Linked values: Caring, Friendship, Respect, Kindness, Teamwork, British values, Appreciation and Understanding and Understanding, Safety,	Scarf stories: Kiki sorts it out. Umar helps Henry, NSPCC Underwear rule Video clip: BBC Girls toys vs boys toys experiment. Linked values: British values, Respect, Appreciation and Understanding and Understanding, Rules and laws, Caring, Friendship,	Linked values: Safety, Trust, Responsibility, British values Respect, Rules and laws, Caring,	British Red Cross First Aid Champions resources. (link in Scarf lesson plan) Linked values: British values, Respect, Appreciation and Understanding and Understanding, Rules and Laws, Responsibility, Safety,	Linked values: Safety, Responsibility, Caring, Appreciation and Understanding and Understanding	Scarf stories: Sam moves house. Kidshealth website: Menstruation clip Linked values: Resilience, Respect, Safety, Trust, Rules and Laws,
Big questions	Recognising Feelings Can you tell how someone is feeling by looking at them? How? What is body language? What body language tells you that a person is worried? How? Are all feelings shown by body language? Bullying What is the difference between bullying and teasing? What can someone do to help themselves if someone upsets them or is bullying them? How can you help someone else who is upset? Can you help someone who is being bullied? How? Assertive Skills What is being assertive? Are there different ways to be assertive? How?	Recognising and Celebrating Difference (Inc. Religions and Cultural Difference) How are people different, besides how they look? Does being different cause problems? Why? Can people being different be positive? Why? Understanding and Challenging Stereotypes How do we label people? Why do we label people? What is a stereotype? How does someone feel if they have been labelled? Does labelling someone change them or affect them? Why is it important to challenge stereotyping?	Making A Difference (Different Ways of Helping Others or the Environment) Can one person make a difference to the environment? Do the actions of one person affect lots of people? Can a bystander have a positive effect on negative behaviour? How? What is an active bystander? How can someone be an active bystander? Media Influence Is everything in the media true? Are there always two sides to a story? Can media reports influence people? How? Decisions About Spending Money	Having Choices and Making Decisions About My Health What choices help to keep me healthy? Why is it important to look after my health now? Why is it important to look after myself in the future? Taking Care of My Environment What different things do I do to look after our environment? Why is it important to look after our environment? How does this affect our future?	Managing Risks What makes a situation risky? Can a risky situation be changed? How? Why do some people choose to take risks? Why do some people choose to avoid risky situations? Drugs and Their Risks What are the risks of cigarettes and alcohol? Can medicines be both helpful and harmful? Why? What other things can be helpful and harmful to a person's health? What can make people take risks? Staying Safe Online Why is it important to keep personal details safe when online?	Body Changes During Puberty What parts of the body are the same for girls and boys? What parts of the body are different for girls and boys? How do some parts of the body change during puberty? Menstruation What is menstruation? What happens when the human egg is not fertilised? Which parts of a woman's body are involved in menstruation? Managing Difficult Feelings What feelings might someone have during puberty? Why might someone have difficult feelings during puberty? What are good ways to compromise?

	When would someone need to be assertive? Why? Diversity Why should diversity be celebrated? How do our differences make our community stronger? How can football bring people from diverse backgrounds together? What can we learn from people who are different from us? What happens when people are excluded? How can we challenge unfair behaviour? How can we help everyone feel that they belong?		What choices and decisions do we make about spending money? How do decisions about money affect groups in the community? Anti Racism What is racism and why is it wrong? How can stereotypes lead to unfair treatment? Why is it important to challenge racism? What can we learn from people with different backgrounds? How can football help bring people together? What should we do if we witness racism? How can we make our school a place where everyone belongs?		Is all information that we see online always true? Tacking Gender Stereotypes What are gender stereotypes and where do they come from? How can gender stereotypes affect people's choices? Why should everyone have the same opportunities in sport and everyday life? How can we challenge unfair stereotypes? How can football help break down gender stereotypes? Why is it important to respect people's interests and abilities? How can we help create a more inclusive school community?	Relationships, Including Marriage Why do some people choose to get married? Who can get married and how old do they need to be? Why do some people choose to have a civil ceremony? Why do some people choose to live together?
Vocabulary	safety, care, collaborate, falling out, point of view, persuade, opinions, point of view, loss, making up, feelings, respectful, calm, feelings, compromise, courteous, apologise, challenging, listen, making up, diversity, inclusion, respect, equality, identity, culture, belonging, empathy, stereotype, value, community, celebrate	negotiation, body space, sharing, aggressive, similarities, stereotype, compromise, invade, acquaintances, apologise, differences, respect	being responsible, safe, rules, influence, anti-social behaviour, environment, income, income tax, reliable, healthy, democracy, opinion, witness, conservation, expenditure, national insurance, trustworthy, rules, respectful, essential, VAT, laws, courteous, deductions, rights, public services, responsibility, United Nations racism, discrimination, equality, inclusion, diversity, respect, stereotype, prejudice, belonging, empathy, ally, upstander	individual, choices, balanced diet, refuse, community, first aid, unique, wellbeing, reduce, injury, mental health, re-use, minor, rot, accident, recycle, emergency, repair, blood, re-think, nosebleed, choking, breathing, airway, unresponsive, casualty, burn, scald, wound, recovery	danger, privacy, dare, medicine, choices, persevere, influence, dangerous, privacy settings, assertive, drug, social norm, consequences, risk, security, risky, hazard, hazardous gender, stereotype, equality, inclusion, respect, bias, opportunity, assumption, confidence, challenge, diversity, empowerment	learning line, compromise, puberty, secret, marriage, practice, hormones, pubic hair, menstrual cycle, surprise, live together, eggs, uncomfortable feelings, civil partnership, sperm, periods, forced marriage, penis, menstruation, testicles, period/menstruation pad, breasts, tampons, ovaries, menstruation cup, womb, wet dreams, vagina, vulva, clitoris, labia

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	Me and My Relationships • Collaboration Challenge! • How good a friend are you? • Relationship cake recipe • Our emotional needs • Being assertive • 2BeSafe – Health, Wellbeing and Lifestyle (Technology and Health, Keeping Well when Using Technology, Health Information Online, App Purchasing)	Valuing Difference • Kind Conversation • Stop, Start Stereotypes • No Room for Racism – Racism & Inclusion (Premier League Primary Stars) • Fake news (link to Online safety) • Purple Mash 2BeSafe – Privacy Session (Strong Passwords, App Data Sharing App permissions)	Being My Best • My school community • Star qualities? • Basic first aid, including Sepsis Awareness • No Room for Racism – Allyship (Premier League Primary Stars)	Rights and Respect • What's the story? (link to online safety) • Mo makes a difference • Spending wisely • Lend us a fiver!	Keeping Safe • Gender stereotypes, sexism and consent • Spot bullying (link to Online safety) • Like play share (link to Online safety) • Vaping- Healthy or Unhealthy • Stand in someone else's shoes - Being an ally (Premier League Primary Stars)	Growing and Changing • How are they feeling? • Taking notice of our feelings • All change! (Y4) • Preparing for changes at puberty (Y4) • Growing up and changing bodies • Help! I'm a teenager - get me out of here! • 2BeSafe – Managing Online Information (Aims of Digital Contacts and Commercial Online Content • BroCode
Cultural Capital	Cyberwise online communication Linked values: Teamwork, Respect, Friendship, Caring, Trust, Resilience,	Scarf film: Be the one – beyond differences. Story: Rosa Parks story Linked values: Respect, Friendship, British values, Appreciation and Understanding and Understanding, Caring,	British Red Cross First Aid Champions resources. (link in Scarf lesson plan) Linked values: Resilience, Safety, Responsibility,	Scarf story: Mo makes a difference Linked values: Responsibility, Respect, British values, Rules and laws	Kidslime: My name is George CEOP Thinkuknow films: Block him right good, Alfie! Who's Magnus? They have fans, but we have friends! Linked values: Resilience, Courage, Trust, Respect, Rules and Laws,	NSPCC Underwear rule Extract: Hetty Feather (a Jaqueline Wilson character) Scarf story: Chris' secret Linked values: Resilience, Safety, Respect, Trust, Rules and Laws,
Big questions	Feelings What are emotional needs? Do we have the same emotional needs? Do emotional needs stay the same? Why are emotional needs important? Friendship Skills, Including Compromise What qualities make a good friend? Why? How does a good friend show these qualities? Do these qualities make a difference in friendships? How? Assertive Skills	Recognising and Celebrating Difference, Including Religions and Cultural Is having different groups something to celebrate? Why? Why can religious and cultural differences cause conflict? Can differences in faiths and cultures be positive? Why? Influence and Pressure of Social Media Does a person's online posts about themselves reflect their life? Why would someone want to create a false impression when they post online?	Growing Independence and Taking Responsibility How does someone become more independent as they grow older? What responsibilities do teenagers have? Does having more independence mean having more responsibility? Why? Media Awareness and Safety Are media images of celebrities true? How can media images of celebrities make someone feel? What non-physical qualities make people attractive? Why? Anti- Racism: Allyship	Rights and Responsibilities Are rights and responsibilities the same? Do rights and responsibilities change as someone gets older? How? What rights and responsibilities do we have to the community and the environment? Rights and Responsibilities Relating to My Health How is someone responsible for their own health? Why do some people find it hard to stick to their responsibilities for keeping healthy?	Managing Risk, Including Staying Safe Online What risky situations can happen online? What can someone do to take the situation less risky? What can influence a person to take risks online? Does everyone have a choice whether to take risks online? Norms Around Use of Legal Drugs (Tobacco, Alcohol) Do lots of young people choose to smoke? Why do some people think that lots of young people smoke?	Managing Difficult Feelings Why do people have good and not so good feelings? Is resilience the same as confidence? Can someone develop confidence or resilience? How? Does having resilience help people with their feelings? Managing Change What different changes can someone experience? Does change cause strong emotions? Does preparing for change help? How might preparing for change help someone to cope with it? What might help someone cope

	How can someone stand up for themselves? When would someone use their assertiveness skills? Is assertiveness the best way to react to pressure? Why?	Is it healthy or harmful to post something online that is not the full truth? Why? Anti- Racism What is racism and why is it harmful? What is the difference between equality and equity? How can racism affect individuals and communities? Why is inclusion important in sport and society? What should you do if you witness racism? How can we challenge racism respectfully and safely? How can football promote inclusion and belonging?	What does it mean to be an ally? Why is it important to stand up for others? What is the difference between being a bystander and an upstander? How can allies help create an inclusive school? What can we do if we see or hear racist behaviour? Why is using our voice respectfully important? How can football inspire people to be allies?	What might help someone restart being responsible for keeping healthy? Decisions About Lending, Borrowing and Spending What things are needed by people in the community? What services do local councils provide? Do councils choose how much money they give to the services they provide? How might a council's spending choices affect different groups in the community?	Can knowing the true percentage (3%) influence people's choice about smoking? How? Anti- discrimination What does it mean to "stand in someone else's shoes"? How can empathy help us become better allies? Why is it important to listen to other people's experiences? How can we support someone who feels left out? What makes an effective ally? How can our actions make others feel included? How can football encourage teamwork, respect and allyship?	with these strong emotions? Getting Help Does the body feel differently when someone may need help? When might someone need help? What advice would you give to someone who needs to get help? What makes someone a trusted adult?
Vocabulary	collaborate, negotiation, insensitive, unhealthy relationship, assertive, emotions, non-verbal, compromise, sensitive, verbal abuse, passive, emotional needs, body language, conflict, physical abuse, aggressive, tone of voice, resolution, sexual abuse, face-to-face, uncomfortable touching, unsafe	friendship, listening skills, excluded, metaphor, sex, embarrassed talking, respect, discrimination, diverse, sexual orientation, reactions, listening, prejudice, multicultural society, gender identify, consequences, gender expression, racism, inclusion equality, equity, discrimination, prejudice, respect, belonging, diversity, ally, bystander, upstander	healthy choices, organs, perseverance, community, independence, personal qualities, body systems, commitment, school community, responsibility, celebrities, resilience, determination, patience, interpersonal skills ally, allyship, inclusion, respect, equality, diversity, empathy, upstander, bystander, courage, belonging, support	responsibility, fact, rights, voluntary group, costs, borrow, public services, opinion, responsibility, community group, wages, loan, council, biased, duties, pressure (action) group, salaries, credit, vote, unbiased, rent, debit, elections, Fair Trade, interest, councillors	habit, pros, bullying, dare, assessing risk, personal information, drugs, norms, risk taking, addiction, cons, cyberbullying, pressure, privacy settings, cigarettes, perception, assertive, weigh up risk, resist pressure, influence, alcohol empathy, ally, allyship, inclusion, respect, perspective, belonging, kindness, compassion, support, upstander, diversity	wellbeing, trust, separation, pubic hair, puberty, embarrassed, hormones, in confidence, prejudice, resilience, resilience, fostered, clitoris, genitalia, reactions, compromise, break a confidence, biological sex, unwanted attention, vulva, semen, consequences, respect, confidential, sexual orientation, unwanted touch, vaginal opening, menstruation, mood swings, gender identity, urinary opening, period, gender expression, lips (labia), period/menstruation pads, verbal abuse, penis, tampon, physical abuse, scrotum, menstruation cup, testicles, sanitary protection, foreskin, anus, wet dream, erection, stretch marks, crush

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 6	Me and My Relationships - Working together - Behave Yourself - Assertiveness Skills - Don't force me - Acting Appropriately - Emotional Needs 2BeSafe – Managing Online Information (Presenting Opinions as Facts, Online Influence, Manipulation and Persuasion, Misinformation and Dis-information)	Being, My Best - This will be your life! - No Room for Racism – Racism & Inclusion (Premier League Primary Stars) - Five ways to wellbeing project 2BeSafe – Managing Online Information (Viral News, Reporting Content) 2BeSafe – Privacy (Online Scams to Obtain Money)	Valuing Difference - OK to be different - Respecting differences - Tolerance and respect for others - Boys will be boys? - challenging gender stereotypes	Rights and Respect - Gender stereotypes, sexism and consent - No Room for Racism – Allyship (Premier League Primary Stars)	Keeping Safe - Think before you click (link to Online safety) - To share or not to share (link to Online safety) - Emotional Needs - Stand in someone else's shoes - Being an ally (Premier League Primary Stars)	RSE - Growing and Changing - I look great! - Media manipulation - Helpful or unhelpful? Managing change - Changing bodies and feelings (Y5) - Is this normal? - Making babies 2BeSafe – Copyright and Ownership Session (Finding Content to Reuse, Referencing sources) - Bro Code
Cultural Capital	Scarf story: Dan's difficult day. Childline film: Layla's Arranged Marriage. NSPCC Underwear rule Linked values: Teamwork, Respect, Appreciation and Understanding and Understanding,	British Red Cross First Aid Champions resources. (link in Scarf lesson plan) Linked values: Teamwork, Responsibility, Safety	Linked values: British values, Respect, Appreciation and Understanding and Understanding, Trust,	Linked values: Responsibility, Teamwork, Caring, British values, Rules and laws,	NSPCC film: I Saw Your Willy. Scarf story: Joe's story Linked values: Respect, Responsibility, Trust, Safety, Rules and Laws,	Scarf stories: Sophie's story, What Happened to Cinderella Next, Chris's secret, Dove Confident Me, Evolution clip (link in lesson plan) NSPCC film Lucy and the Boy NSPCC Underwear rule Linked values: Responsibility, Appreciation and Understanding and Understanding, Respect, Trust, Safety,
Big questions	Assertiveness What do bystanders do when someone is being bullied? What is the difference between an active and a passive bystander? Can passive bystanders affect a bullying situation? How? Can active bystanders affect a bullying situation? How? Cooperation What is compromise? What is negotiation? How can negotiation and compromise skills help someone? Safe/Unsafe Touches What is appropriate touch?	Aspirations and Goal Setting Do goals and aspirations need a plan? Are problems, challenges and barriers part of achieving goals? How can problems, challenges and barriers be overcome? Managing Risk Are risks physical or emotional? How can a risk be emotional? What can someone do to reduce or remove risk? Anti- Racism How can unconscious bias influence the way people are treated? Why is it important to challenge racism, even when it is not directed at you?	Recognising and Reflecting on Prejudice-Based Behaviour What is prejudice? Why do some people show prejudiced behaviour? What is empathy? Can empathy help people to be more understanding of those who are different? How? Understanding Bystander Behaviour How can a bystander's behaviour affect a bullying situation? When would it be unsafe to be an active bystander? When would it be safe to be an active bystander?	Anti- Racism: Allyship What responsibilities do allies have? How can allyship help challenge racism and discrimination? Why can speaking up be difficult, and why does it matter? How can we challenge unfair behaviour safely and respectfully? How do empathy and active listening make us better allies? How can individuals create positive change in their school and community? What actions can we take every day to promote inclusion and belonging?	Emotional Needs Are emotional needs equally important as physical needs? Why? What might happen if someone's emotional needs are not met? Staying Safe Online Can having a mobile phone be both negative and positive? How? How can someone keep themselves safe when using a mobile phone? Why is there a law about sharing inappropriate images on mobile phones? Anti-discrimination Why is understanding another person's perspective important?	Keeping Safe What secrets can be kept private? Why? Are there secrets that should be shared? Why? Who should some secrets be shared with? Body Image What physical changes happen during puberty? How might someone feel when their body changes? Do emotional changes happen during puberty? Why? How can a person feel better about their body changing? Self-Esteem What can affect the way someone feels about themselves?

	What is inappropriate touch? What types of touch are illegal (against the law)? If someone experiences inappropriate or illegal touch, how can they get help?	How do stereotypes contribute to discrimination? What responsibilities do we all have in creating an inclusive community? How can we use our voices to stand up against racism? How has football helped challenge racism and promote equality? What actions can we take to make our school more inclusive?			How can empathy help challenge discrimination and exclusion? What actions can allies take to create positive change? Why is it important to speak up when someone is treated unfairly? How can active listening help us understand others' experiences? What responsibilities do we have to support inclusion in our school and community? How can we use our influence to make everyone feel they belong?	What can someone do or say to feel good about themselves? Do words affect someone as much as actions? How?
Vocabulary	collaboration, negotiation, balanced friendship, assertive, assertiveness, sensitive, marriage, appropriate, privacy settings, teamwork, compromise, respectful, peer pressure, resolution, thoughtful, civil partnership, inappropriate, identity theft, assertive, response, forced marriage, illegal, secure	wellbeing, aspirations, health, assessing risk, Red Cross, connect, goal setting, wellbeing, weigh up, weigh up, first aid, be active, perseverance, accurate, dilemma, choices, emergency, take notice (mindful), reliable, influence, 999, keep learning (get creative), sources, ambulance, give, operator, information, serious, adult, scenario, script, role, feelings, panic, calm, responsive, unresponsive racism, inclusion, equality, equity, discrimination, prejudice, bias, stereotype, ally, advocacy, belonging, respect	witness, unique, point of view, relationships, stereotype, bystander, diversity, cultural norms, identity, friend, gender stereotype, unique, biological sex, respect, prejudice, acquaintance, media influence, positive feedback, sexual orientation, disrespect, respect, assumption, confidence, gender identity, body language, diversity, self-esteem, gender expression, empathy, Appreciation and Understanding	gender stereotype, unique, biological sex, respect, prejudice ally, allyship, advocacy, inclusion, equality, equity, empathy, respect, bias, discrimination, upstander, accountability	social media, privacy, right to privacy, habit, drug, drug laws, alcohol, physical needs, independence, parental consent, personal information, sharing online, addiction, legal, age restrictions, short-term effects, emotional needs, responsibility, trolling, online safety, permission, emotional needs, illegal, possess, long-term effects, conflicting emotions, illegal, medical, supply, risks, sharing, sexual images, non-medical, produce, norms, penalties, empathy, perspective, ally, allyship, inclusion, belonging, advocacy, compassion, respect, bias, equity, accountability	body image, media manipulation, peer pressure, puberty, in confidence, egg, HIV support, self-esteem, stereotype, right to privacy, physical changes, break a confidence, ovaries, infection conversation, manipulation, gender stereotype, sharing online, emotional changes, confidential, sperm, immune system, discuss, online safety, rights, testicles, virus, FGM, puberty, transmission, vagina, sharing needles, penis, sexual contact, orgasm, condom, embryo, prejudice, womb, sexual intercourse, consensual, condom, surrogacy, adoption, IVF, age of consent, miscarriage