

Hazelwood Schools

Resources for parents of children with Autism

Book List



Books:

- **My Awesome Autism by Nikki Saunders**
- **The Superhero Brain by Christel Land**
- **All about me by Andrew Miller** - A Step-by-Step Guide to Telling Children and Young People on the Autism Spectrum about Their Diagnosis
- **Autism: Understanding and Managing Autism by Andrew Powell**

This book is aimed at parents and carers of children with Asperger syndrome and high-functioning autism. Practical tips on managing anger and helping your child manage their feelings.



- **Can I tell you about Autism? By Jude Welton**

A young boy with autism invites readers to learn about autism from his perspective.

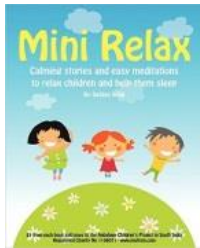


- **I have autism.....What's that? By Kate Doherty, Paddy McNally and Eileen Sherrard 2011**

This cheerful book helps children and young people with autism to discover how they are different from others. Written in straightforward language and illustrated with helpful and amusing pin men, it explores different approaches to talking, playing and learning and offers coping strategies.

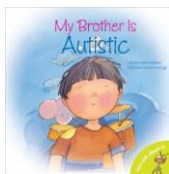


- **Mini Relax: Calming Stories and Easy Meditations to Relax Children and Help Them Sleep. By Debbie Wildi 2011**



- **My Brother is Autistic by Jennifer Moore-Mallinos 2011**

This book describes some of the realities that kids with autism and their brothers and sisters experience every day.



- **Sensory Strategies by Corinne Laurie published by NAS**

Practical ways to help children and young people with autism learn and achieve.



- **Challenging Behaviour and autism, making sense, making progress by Phillip Whitaker published by NAS**

A guide to preventing and managing challenging behaviour for parents and children.

