



## Family & Community Support Service Activity Calendar 2009

**All activities/events/trips need to be booked in advance. To check availability, make reservations or to complete a booking form, please email [alice.martin@enfieldparents.org.uk](mailto:alice.martin@enfieldparents.org.uk), or call 020 8373 2702**

### Family & Community Support Service

#### *Evening Activities*

DAY AND TIME	ACTIVITY	VENUE	PRICE
September 2009 4.30pm – 7pm	Drama	TBC	£2 per week
Thursdays date to be arranged 4.30pm-6.30pm – 10 weeks	Kids Club for 8-12 year olds	Methodist Church Ordinance Road EN3 6BW	£2 per week
Wednesdays 6pm-7pm	Karate 8 +	Mottingham Hall Edmonton N9 8EB	Free
Thursdays 6pm-8pm	Karate 8+	Ponders End Youth Club 129 South Street EN3 4PX	Free
Mondays from September 09 4.30pm – 6.30pm	Family Fitness	Enfield Highway Community Centre, EN3 5JF	£2 per week

\*10% discount if paid for the whole term in advance

\*You will still be charged even if absent in order to retain your place

#### *Events/Trips*

DATE AND TIME	ACTIVITY	INFORMATION	PRICE
2009: 27 <sup>th</sup> Oct. 2010: 14 <sup>th</sup> March All at 12 noon – 2pm	Meet 'n' Greet	Come and meet other families in Enfield. Bring a snack & join in sporting activities	Free
Saturday & Sunday 5 <sup>th</sup> & 6 <sup>th</sup> September 2009 All Day	Enfield Town Autumn Show	A great fun day out for the whole family with everything from a fun fair, food stalls, information stalls, shows and much more	Entrance payable on day
13 <sup>th</sup> September 2009 8am – 8pm	Great Yarmouth	A trip with absolutely everything to offer from award-winning sandy beaches, theme park, places to eat, shops and surrounding attractions. Wristband included for the pleasure beach theme park	£24.00 each with Theme Park wristband £14.00 each without wristband
27 <sup>th</sup> September 2009 9am – 6pm	Buckinghamshire Steam Railway Mini steam day	Explore a working steam museum with a difference. You can step back in time as you stroll amongst the giants of the steam age displayed at its spacious 25 acre site	£16.00 Adult, £13.50 Child £15.00 Senior Citizen
28 <sup>th</sup> October 2009 11am – 1pm	Family Sports session	Come and join EPC on their Sports day It's a fun day to be had by all the family. Take part in light hearted competitions and enjoy learning new sports with new friends.	£2.00 per person
29 <sup>th</sup> October 2009 11am – 1pm	Family Halloween Art Session	It's Halloween, bring the family along and get creative	£2.00 per person
17 <sup>th</sup> December 2009 4.30pm – 6.30pm	Festive Family Art Session	An activity for all the family. Here's your chance to get arty and try out many new art and craft materials. Come and make a Christmas card or gift for a relative.	£2.00 per person

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DATE AND TIME	ACTIVITY	INFORMATION	PRICE
20 <sup>th</sup> December 2009 9am – 6pm	Colchester Zoo	Join us for a fun day at Colchester Zoo, a chance to see many animals. Visit the NEW orangutan forest and maybe you'll even see a surprise visitor in a grotto	£19.50 Adult, £16.00 Child £17.00 Senior Citizen £15.00 if registered disabled
31 <sup>st</sup> January 2010 9am – 5pm	Science Museum	The science museum is 100 years old. Come along and take part in some events, concerts, lectures and new exhibitions whilst learning all about science.	£7.00 per person
10 <sup>th</sup> February 2010 11am – 1pm	Family Sports session	Come and join EPC on their Sports day It's a fun day to be had by all the family. Take part in light hearted competitions and enjoy learning new sports with new friends.	£2.00 per person
11 <sup>th</sup> February 2010 11am – 1pm	Valentine Family Art Session	Bring the family along and get creative making cards for your loved ones	£2.00 per person
28 <sup>th</sup> February 2010 9am – 5pm	Natural History Museum	You will have an exciting, unique experience at the museum with lots to do from workshops and events to learning about history and architectures and visiting amazing galleries inc the dinosaurs. Don't miss out	£7.00 per person

\*Please note all above Events/Trips need to be **paid in full at time of booking**

### ***Family Learning***

DATE AND TIME	ACTIVITY	INFORMATION	PRICE
September 5pm – 7pm 4 weeks	Money Doesn't Grow on trees	Do you want to avoid rows about money? Come and learn how you can pay all the bills and still afford those little extras!	£5.00p* per family payable in advance
October 5pm – 7pm 4 weeks	Healthy Eating	How to prepare healthy meals that everyone in the family will enjoy eating and sharing together	£5.00*per family payable in advance
November 5pm – 7pm 4 weeks	Our Family	Do you really know the people in your family? Do you understand their roles and responsibilities? Come and find out what makes your family tick and how to enjoy being together more	£5.00* per family payable in advance
Jan 2010 5pm – 7pm 4 weeks	My Community	Do you know what's on offer in your neighbourhood? Find out how do you access what's out there to meet the needs and interests of all your family members.	£5.00* per family payable in advance
Feb 2010 5pm – 7pm 4 weeks	Money Doesn't Grow on Trees	Do you want to avoid rows about money? Come and learn how you can pay all the bills and still afford those little extras!	£5.00* per family payable in advance
March 2010 5pm – 7pm 4 weeks	Healthy Eating	How to prepare healthy meals that everyone in the family will enjoy eating and sharing together	£5.00* per family payable in advance
Apr 2010 5pm – 7pm 4 weeks	Teenage Years	Insights into the teenage years from both the parents' and young people's perspective. Learn about realities of young people's lives today and how the family can support each other	£5.00* per family payable in advance
May 2010 5pm – 7pm 4 weeks	My Community	Do you know what's on offer in your neighbourhood? Find out how do you access what's out there to meet the needs and interests of all your family members.	£5.00* per family payable in advance

\*£5.00 Cost redeemable on completion of course, for up to 3 activities/trips per year

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## Open Days/Evenings

DATE AND TIME	ACTIVITY	VENUE	INFORMATION
Thursday 29 <sup>th</sup> October 2009 2pm – 4pm	Open Day	Enfield Highway Community Centre	Our open day is an opportunity where you will learn more about the kinds of services we provide and create an understanding of which of our services you would benefit from. Join us for an informal get together to meet other parents and a chance to gather information on upcoming activities.
Monday 21 <sup>st</sup> December 2009 10am – 1pm	Open Day	Church House Cockfosters EN4 9JQ	
Friday 12 <sup>th</sup> February 2009 1pm – 3pm	Open Day	St Heliers Hall Enfield EN3 5XF	

## Volunteers Programme

For new and existing volunteers: support, training, and planning sessions. Meetings take place at 10am-12pm and 5- 7pm. Contact the office for further details.

## Father Service

DATE AND TIME	ACTIVITY	VENUE	PRICE
Contact us to make an appointment 020 8373 2702	<b>Individual &amp; group sessions</b> One-to-one support	The Ark, 500 Montagu Road Edmonton N9 0UR	Free
Contact us for times 020 8373 2702	<b>Sex &amp; Relationship Education Sessions</b>	Enfield Youth Centres – contact us for more information	Free
Wednesdays - weekly 3pm-4:30pm	<b>Young Father Club</b> Teenagers – 25 years	Edmonton Children’s Centre St George’s Chambers 23 South Mall Edmonton N9 0TN 020 8804 6886	Free
<b>Albany Children’s Centre</b> 14: 00 - 15: 00 Monday 9th Nov Monday 23rd Nov Monday 7th Dec Monday 14th Dec	<b>Father &amp; Children Fortnightly Club</b>	Bell Lane Enfield EN3 5PA 020 8216 6395	Free
<b>Palmers Green Library</b> 10.00 – 11.30 Saturday 19th Sept Saturday 3rd Oct Saturday 17th Oct Saturday 31st Oct	<b>Father &amp; Children Fortnightly Weekend Club</b> The opportunity to borrow books, toys, CDS and DVDs	Broomfield Lane N13 4EY 020 8379 2711	0.50p Non-compulsory donation

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<b>Oasis Children's Centre</b> 13:00-14:00 With option of joining in with story time at the Children's Centre until 3pm.	<b>Father &amp; Children Club</b>	Kinetic Crescent, Innova Park Mollison Avenue Enfield EN3 6HG 01992 655 400	Free
<b>Tottenham Children's Centre</b> 14:00 - 15:15 Wed 23rd September Wed 21st October Wed 18th November	<b>Father &amp; Children Monthly Club</b>	Tottenham Road Palmers Green N13 6HX 0208 829 1100	Free
<b>Chevoits Children's Centre</b> 11:00 - 12:30 Starts Monday 21st September and runs weekly until Monday 19th October	<b>Father &amp; Children Club</b>	31 Cheviots Close Enfield EN1 3UZ 020 8363 4047	Free
<b>Carterhatch Children's Centre</b> 14:00 - 15:00 Starts Tuesdays from 15th Sept 29th Sept 13th Oct 10th Nov 24th Nov 8th Dec	<b>Father &amp; Children Fortnightly Club</b>	Carterhatch Lane Enfield EN1 4JY 020 8804 6886	Free
<b>Edmonton Children's Centre</b> Thursday 22 <sup>nd</sup> Oct 13:00 – 15:00	<b>Speakeasy Taster Session</b>	St George's Chambers, 23 South Mall, Edmonton, N9 0TN 020 8350 5573	Free

### ***Training Courses***

DATE AND TIME	COURSE NAME	VENUE	PRICE
Rolling programme contact for dates	<b>Parenting Teenagers:</b> A 6 week course for parents	The Ark Edmonton N9 0UR	£5.00 booking fee.
Nov 2 <sup>nd</sup> –Dec 21 <sup>st</sup>	Parenting 7-13 year olds: A 6 week course for parents	The Ark Edmonton N9 0UR	£5.00 booking fee, payable 2 weeks in advance.
October 15th October 22nd November 5th November 12th	<b>The Facilitators Course:</b> Learn and practise delivering positive parenting techniques and strategies.	The Ark Edmonton N9 0UR	£100 for voluntary organisations & individuals £150 for statutory organisations

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DATE AND TIME	COURSE NAME	VENUE	PRICE
Rolling programme contact for dates	<b>Learning to Live &amp; Love your Teenagers</b>	The Ark Edmonton N9 OUR	£10.00 per session or £35.00 if paid in full in advance
Sept 17 <sup>th</sup> - Oct 8 <sup>th</sup>	<b>I can</b> : 4 sessions	The Ark Edmonton N9 OUR	£5.00 booking fee, payable 2 weeks in advance.

**Please check our [website www.enfieldparents.org.uk](http://www.enfieldparents.org.uk)  
For up to the minute information about our ongoing activities**

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